

Symphony Workshop Program

Saturday 18th March-Entry by donation

- **10am-11am:** *Anytime Laughter* workshop with Annemarie Vanags
- **11am-1pm:** 3D building with Libby Bloxham. Play and create with found objects.
- **1pm-2pm:** Lunch
- **2pm-2:30pm:** Argentinian Drumming -Barbara Malcolm
- **2:30pm-3pm:** Afternoon tea
- **3pm-4pm:** Taiji with Rusel Last. Learning the essentials of intentional human movement.
- **4pm-5pm:** *Divine Songs* Interfaith Chanting with Mignon Lee Warden and Judy Gill
- **5pm-6:15pm:** Dinner break

Sunday 19th March- Entry by Donation

- **9am-10am:** Crystal Singing Bowls Workshop. Go on a journey travelling on waves of sound.
- **10am-2pm:** Community Mosaic with Linda Meyns
An introduction to the freedom, transformation and meditation of mosaicking. Dabble in the art of mosaic by participating in the creation of a beautiful sun mosaic from sea shells, mirror and tile. Or let your imagination go wild and create your own small mosaic.
- **2:pm-5pm:** Ekphrasis Writing
The South Coast Writers Centre presents a creative writing workshop with poet and spoken word performer, Gabrielle Journey Jones. Participants will respond to the artworks in the gallery with poetry and prose.

Symphony Performance Program

Saturday 18th March- Entry by Donation

- **6:30pm-6:45pm:** *Illawarra's OWN Heartbeats* - Argentinian Drumming led by Barabara Malcolm
- **6:45pm-7:05pm:** *Singongo Choir* led by Janet Andrews
- **7:10pm- 7:30pm:** Karenni dance by members of the SCARF community
- **7:30pm-7:45pm:** Ekphrasis Poetry reading with Gabrielle Journey Jones in response to a friend's art work.
- **7:45pm- 8:30pm:** Classical Guitar by Immanuel Creagh
Music from across the globe and through time, from ancient Greece to Tibet and beyond, let musical vibrations, words and imagery take you on a journey within.
- **8:30pm-8:45pm:** Poetry reading with Rusle Last. What is this moment in which we live.
- **8:45pm-8:50pm:** *Dadhirri Dharma* Stilt Dance by Libby Bloxham
- **8:50pm-9:30pm:** Crystal Singing Bowls with Elizabeth Brandis. Enjoy a relaxing and centering sound bath.